



September 6, 2022

P&O Cruises Food Heroes name some of their top beach destinations as new offers are announced

P&O Cruises has today announced new offers to ensure guests can make their money go even further on their next holiday including, extra on board spending money, a 10% deposit and £100pp off cruises on new ship Arvia, arriving in December 2022. With full board dining, accommodation, children's clubs and entertainment already included, today's offers will give guests even more value for money.

With many offers available on winter sun destinations, P&O Cruises Local Food Heroes Shivi Ramoutar, José Pizarro and Food Hero Olly Smith have revealed some of their favourite beach getaways for sun, sand and sampling the local delicacies.

Offers include:

£100pp off Arvia holidays

- A discount of £100 per person is now available on Arvia departures between December 9, 2022 and September 29, 2024. The offer is available on new Select Price or Early Saver bookings made by November 30, 2022*

Extra on board spending money

- Guests will receive extra on board spending money to be used against a variety of experiences including on shore experiences, spa treatments or dining in the speciality restaurants. Available on Select Price holidays departing between September 6, 2022 and October 29, 2024

10% deposit

- Holidays can be secured with a 10% deposit on new Select Price or Early Saver bookings made by November 30, 2022 on departures between September 6, 2022 and October 29, 2024**

Local Food Hero and queen of contemporary Caribbean cooking Shivi Ramoutar said: "Every Caribbean island has its own unique beaches, food and culture but Rockley Beach in Barbados really stands out from the pack. The coastline is home to a huge array of marine life and seafood which means the local restaurants offer the freshest Bajan delicacies while guests get to soak their toes in to the beach's soft white sand."

Local Food Hero José Pizarro said, "Playa del Orzan in La Coruña offers the perfect escape from the city while remaining close to its vibrant food scene. Visitors can sunbathe or surf on the beautiful stretch of sand before heading into town to sample the city's delicious local tapas or traditional Galician dishes."

Food Hero Olly Smith commented: “For a top-notch rum punch with stunning sea views, you can’t beat Fort James Beach in Antigua. The combination of locally distilled rum and plenty of nutmeg is the perfect accompaniment while laying back and enjoying the stunning turquoise water and warmth of the Caribbean sea.”

Example itineraries available to book include:

[Mediterranean, 14 nights \(K309\) from £899pp](#)

14 night cruise on Arvia (K309) from £899pp for an inside cabin. Departing Southampton on April 30, 2023 the price includes full board meals, entertainment and kid’s clubs. Departing and returning to Southampton, ports of call are La Coruña, Mallorca, La Spezia, Marseilles, Barcelona and Cadiz.

[Caribbean, 14 nights \(K321A\) from £1,099pp](#)

14 night cruise on Arvia (K321A) from £1,099pp for an inside cabin. Departing Southampton on October 14, 2023 the price includes full board meals, entertainment and kid’s clubs. Returning from Barbados, ports of call are Tenerife, Saint Maarten and Martinique.

[Canary Islands fly-cruise \(A328C\) from £1,199pp](#)

14 night cruise on Azura (A328C) from £1,199pp for an inside cabin. Departing Tenerife on November 4, 2023, the price includes flights from a range of regional airports, full board meals, entertainment and kid’s clubs. Returning from Tenerife, ports of call are Madeira, Gran Canaria, Lanzarote, La Palma and Fuerteventura.

*This offer is combinable with the current on-board spending money offer on applicable Select Price holidays booked by November 30, 2022.

**The offer excludes The World Cruise, Classic Southern Hemisphere Journeys and Exotic fly-cruises. It is combinable with our current on-board spending money offer on qualifying departures between September 6, 2022 to October 29, 2024.

For images visit [here](#). For more information or to book call P&O Cruises on 0344 338 8003, visit www.pocruises.co.uk or contact a travel agent.

Ends

About P&O Cruises

P&O Cruises is Britain’s favourite cruise line, welcoming guests to experience holidays with a blend of discovery, choice, relaxation and exceptional service catered towards British tastes. The fleet of seven ships each have their own appeal from family friendly or exclusively for adults.

With over 200 destinations worldwide, P&O Cruises Itineraries are carefully curated to inspire discovery, and are varied to suit newcomers and experienced guests alike. With a wide choice of holidays from two days to three months there is something for everyone.

Iona joined the P&O Cruises fleet in May 2021 as the next generation of ship. Iona, the first British cruise ship to be powered by liquefied natural gas, sets a new

standard for cruise travel featuring enhancements to already successful brand signature venues from across P&O Cruises existing fleet, as well as many new “firsts” such as the first gin distillery at sea and The 710 Club, with music director Gary Barlow.

Sister ship to Iona, Arvia will join the P&O Cruises fleet in December 2022 as its second LNG-powered, Excel-class ship offering a Caribbean maiden season of fly-cruise holidays from homeport Barbados.

Arvia, meaning “from the seashore,” is an innovative and future-focused ship and the latest evolution in the P&O Cruises experience, embodying the newest trends in travel, dining and entertainment to offer varied and contemporary holidays. The ship boasts a unique SkyDome with a retractable glass roof and 16 guest decks, and will feature the first Altitude Skywalk high ropes experience, the tropical-themed Altitude Minigolf, the Altitude Splash Valley aquazone, an outdoor Sports Arena, swim-up bar and infinity pool. It will also offer guests several new dining options such as Green & Co feat. Mizuhana, Ocean Studios cinema, extensive shopping, and the Oasis Spa and Health Club.

The company is part of Carnival Corporation & PLC (NYSE/LSE: CCL; NYSE:CUK).

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